

# Pylori Non Medical And Medical Treatments: A Comprehensive Guide

## What is H. pylori?

Helicobacter pylori (H. pylori) is a bacteria that can cause stomach ulcers, gastritis, and even stomach cancer. It is estimated that about half of the world's population is infected with H. pylori. Most people who are infected with H. pylori do not have any symptoms. However, some people may experience symptoms such as:



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### TREATMENTS: H PYLORI by Tracy Brown Hamilton

★★★★★ 5 out of 5

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- Stomach pain
- Nausea
- Vomiting
- Diarrhea

- Weight loss
- Fatigue

### **How is H. pylori diagnosed?**

H. pylori can be diagnosed with a variety of tests, including:

- Blood test
- Stool test
- Breath test
- Endoscopy

### **How is H. pylori treated?**

There are a variety of treatments for H. pylori infection. The type of treatment that is recommended will depend on the severity of the infection and the patient's individual health status. Non-medical treatments for H. pylori infection include:

- Probiotics
- Prebiotics
- Herbal remedies
- Dietary changes

Medical treatments for H. pylori infection include:

- Antibiotics
- Proton pump inhibitors

- Histamine-2 receptor antagonists
- Surgery

### **What is the prognosis for H. pylori infection?**

The prognosis for H. pylori infection is generally good. Most people who are treated for H. pylori infection are able to clear the infection and prevent it from coming back. However, some people may experience recurrent H. pylori infection. People who have recurrent H. pylori infection are at an increased risk of developing stomach ulcers, gastritis, and stomach cancer.

### **How can I prevent H. pylori infection?**

There are a number of things that you can do to prevent H. pylori infection, including:

- Wash your hands thoroughly with soap and water after using the bathroom and before eating.
- Avoid eating raw or undercooked meat, poultry, or fish.
- Drink only clean water.
- Get vaccinated against H. pylori.

H. pylori is a common bacteria that can cause a variety of health problems. However, there are a number of effective treatments available for H. pylori infection. By following the prevention tips outlined in this article, you can reduce your risk of developing H. pylori infection.

If you have any questions about H. pylori infection, please talk to your doctor.

## What is H. pylori Infection?

H. pylori, also known as Helicobacter pylori, is bacteria that infects your digestive tract. Over time, it may result in sores, or ulcers, developing along your stomach lining or your small intestine. In severe cases, the infection may even evolve into stomach cancer.



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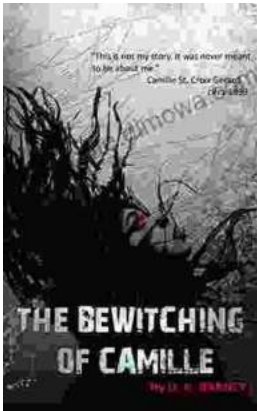
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