

# Unveiling the 2024 Women's Wrestling Year in Review: A Comprehensive Guide to the Sport's Defining Moments



## Ring Post Journal #1: A 2024 Women's Wrestling Year in Review by Colby Applegate

★★★★☆ 4.5 out of 5

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## : The Rise of Women's Wrestling

In recent years, women's wrestling has witnessed an unprecedented surge in popularity, captivating audiences worldwide. From the grand stages of WWE to the independent circuits, female athletes are showcasing their exceptional skills and captivating stories, leaving an indelible mark on the sport's history.

The 2024 season was a watershed year for women's wrestling, featuring groundbreaking matches, unforgettable rivalries, and the emergence of a new generation of stars. This comprehensive year in review delves into the captivating moments that shaped the sport's trajectory and left an enduring legacy.

## Chapter 1: WWE: The Main Event Evolution

WWE's women's division continued to make history in 2024, with several groundbreaking milestones achieved.

- **Becky Lynch vs. Bianca Belair at WrestleMania 38:** This highly anticipated match headlined the biggest event of the year, marking the first time two African American wrestlers competed in the main event of WrestleMania.
- **The Formation of Damage CTRL:** Bayley, Iyo Sky, and Dakota Kai joined forces to form the dominant Damage CTRL faction, quickly becoming one of the most formidable forces in WWE.
- **The Rise of Rhea Ripley:** The Australian powerhouse emerged as a breakout star, winning the Royal Rumble and capturing the Raw Women's Championship.

## Chapter 2: AEW: The Proving Ground

All Elite Wrestling's women's division continued to grow and establish itself in 2024.

- **Britt Baker vs. Saraya:** The Lights Out Unsanctioned Match between these two fierce rivals was one of the most brutal and intense matches in AEW history.
- **The Star-Making Performance of Jamie Hayter:** The "Legit Lass" had a breakout year, showcasing her impressive athleticism and charisma.
- **Thunder Rosa's Historic Reign:** The Mexican star became the first Latina AEW Women's World Champion and held the title for an

impressive 273 days.

### **Chapter 3: Independent Wrestling: The Breeding Ground**

The independent circuit remained a vital proving ground for women's wrestlers, with several top stars emerging.

- **Masha Slamovich:** The Russian wrestler continued her undefeated streak, becoming one of the most dominant forces on the indie scene.
- **Willow Nightingale:** The charismatic and athletic star rose to prominence with her impressive performances in GCW and other promotions.
- **The Emergence of Allysin Kay:** The former Impact Wrestling star made waves on the indie circuit, captivating audiences with her high-flying style.

### **Chapter 4: International Wrestling: Global Impact**

Women's wrestling continued to expand its global reach in 2024.

- **Stardom's Joshi Scene:** The Japanese promotion continued to showcase some of the most skilled women wrestlers in the world, with stars like Giulia and Mayu Iwatani leading the way.
- **The Rise of CMLL Femenil:** Mexico's Consejo Mundial de Lucha Libre (CMLL) invested heavily in its women's division, with several talented wrestlers emerging.
- **The International Influence:** Wrestlers from all over the world, such as Toni Storm (Australia), Xia Li (China), and Nikkita Lyons (USA), made their mark on the international stage.

## Chapter 5: Behind the Scenes: The Business of Women's Wrestling

This section goes beyond the matches, delving into the business side of women's wrestling.

- **The Impact of Social Media:** Social media platforms played a crucial role in promoting women's wrestling and connecting wrestlers with fans.
- **The Search for Equality:** The ongoing discussion about equal pay and opportunities for women in wrestling continued in 2024.
- **The Future of Women's Wrestling:** Industry experts and wrestlers share their insights on the future prospects for the sport and the challenges that lie ahead.

### : An Unforgettable Year

The 2024 Women Wrestling Year in Review captures the essence of an extraordinary year in the sport's history. From the unforgettable matches to the groundbreaking moments, this comprehensive guide provides a captivating journey through the defining events that shaped women's wrestling.

As we look ahead, the future of women's wrestling is brighter than ever. With talented athletes, engaging storylines, and a dedicated fanbase, the sport continues to grow and inspire audiences worldwide.

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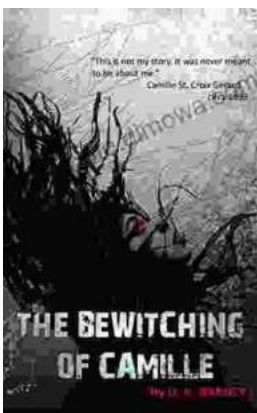


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