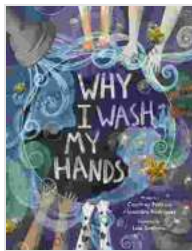


# Why Wash My Hands? A Journey of Discovery for Curious Kids

## Why is handwashing important?

Handwashing is one of the most important things you can do to prevent the spread of germs. Germs are tiny organisms that can cause illness, and they can be spread from person to person through contact with contaminated surfaces or objects. When you wash your hands, you remove germs from your skin and help to prevent them from spreading to others.



### Why I Wash My Hands by Courtney Potts

★★★★★ 5 out of 5

Language : English

File size : 16164 KB

Screen Reader : Supported

Print length : 16 pages

Lending : Enabled



Handwashing is especially important for children, who are more likely than adults to come into contact with germs. Children's immune systems are not fully developed, so they are more susceptible to illness from germs.

Handwashing can help to protect children from getting sick and spreading germs to others.

## How do I wash my hands properly?

To wash your hands properly, follow these steps:

1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.
3. Scrub your hands for at least 20 seconds. Hum the "Happy Birthday" song twice to help you keep track of time.
4. Rinse your hands well with clean, running water.
5. Dry your hands with a clean towel or air dry them.

### **When should I wash my hands?**

You should wash your hands:

- Before eating or preparing food
- After using the bathroom
- After changing a diaper
- After blowing your nose, coughing, or sneezing
- After touching animals or animal waste
- After handling garbage
- When your hands are visibly dirty

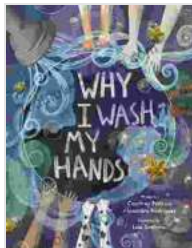
### **What are the benefits of handwashing?**

Handwashing has many benefits, including:

- Reduces the spread of germs
- Helps to prevent illness
- Protects children from getting sick and spreading germs to others
- Promotes healthy habits

**Why Wash My Hands? is a fun and engaging way to teach children about the importance of handwashing. With vibrant illustrations and easy-to-understand text, this book is perfect for young readers who are curious about the world around them. Free Download your copy today!**

Buy Now



### **Why I Wash My Hands** by Courtney Potts

★★★★★ 5 out of 5

Language : English

File size : 16164 KB

Screen Reader : Supported

Print length : 16 pages

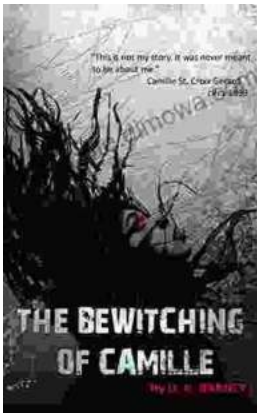
Lending : Enabled





## **Navigating the Silver Tsunami: Public Policy and the Old Age Revolution in Japan**

Japan stands at the forefront of a demographic revolution that is shaping the future of countries worldwide—the rapid aging of its...



## **The Bewitching of Camille: A Mystical Tapestry of Witchcraft, Lineage, and Family**

Prepare to be captivated by "The Bewitching of Camille: The Wiccan Chronicles," a mesmerizing novel that transports readers into a realm where...